

COVID RESPONSE TASK FORCE - PROTOCOL FOR SYMPTOMS AND EXPOSURE OF COVID 19

1

What is considered a significant exposure to a COVID positive person?

- Exposure is defined by the CDC as being within six feet of a known COVID positive person for greater than 15 minutes in a 24 hour period.
- Face coverings at Tuscaloosa Academy will still be taken into account when considering significant exposure. With our protocol, we have seen no transmission within our community between people who are six feet apart and wearing masks.
- Exposure within a confined space, such as but not limited to a car, heightens the risk of contracting Covid -19 and may require additional steps.

2

What if my child is exposed to someone with COVID?

- Contact the school and inform them of the situation. The school will determine if close contact has occurred and what additional steps may be necessary.
 - Do not send your child (or children) to school.
 - Keep your child at home and away from others ("self-quarantine").
- > When do I test my child?
The child (and siblings) should be quarantined for a minimum of 7-10 days after exposure.
- Children should be tested between 7-10 days after exposure, ideally closer to 10 days after exposure.
- > When can they return to school?
If the COVID test is negative 7-10 days after exposure, then they can return to school. They must have proof of negative test to return to school.

3

What if my child develops symptoms worrisome for COVID?

- Contact the school and inform them of the situation.
 - Do not send your child (or children) to school.
 - Keep your child at home and away from others ("self-quarantine").
 - Get your child tested at least 2 days after symptoms begin. The school can assist you in finding a clinic to get your child tested.
 - Keep other siblings at home until test results are back.
- > So, when can they return to school?
Your child can return to school when they have a negative test result and symptoms have improved. Asymptomatic siblings can return to school when the initial child's test is negative.

4

What if my child tests positive for COVID?

- Contact the school and inform them of the situation.
- Do not send your child (or children) to school.
- Keep your child at home and away from others ("self-quarantine").
- How long do I keep my child at home?
> 10 days from the date of the positive test. Your child may return to school on the 11th day if they are asymptomatic. A negative test result will not be required.
- Arrange for virtual learning with the school.
- Siblings of the child need to be separated from the COVID positive child as much as possible. They will need to quarantine for at least 10 days and follow the directions outlined below under "what if someone in the household is diagnosed with COVID".
- In all cases, if your child tests positive for COVID, they may return to school on the 11th day after the positive test. Once your child/children have tested positive, there is no need for further testing, isolation or quarantine for a period of 12 weeks.

5

What if someone in the household has been diagnosed with COVID?

- Contact the school and inform them of the situation.
- Do not send your child (or children) to school.
- Keep your child at home and away from others ("self-quarantine").
- How long do I keep my child at home?
> 14 days. Child must stay home and can return on the 15th day if they are asymptomatic.
- Arrange for virtual learning with the school.
- Monitor your child's health. Take their temperature two times a day (once in the morning, once at night) and watch for fever. Also, watch for other signs and symptoms of COVID.
- Get your child tested. The school can assist you in finding a clinic to get your child tested. Test the child immediately if they are having symptoms or if they become symptomatic. If the child has no symptoms, then they can wait until the end of quarantine to be tested. They must have a negative test to return to school.
- So, when can they return to school?
> When 14 days have passed from household member testing positive. You child (or children) may return to school on the 15th day as long as they are asymptomatic.